

Fire Sprinkler Systems Decoded

Integral to YOUR SAFETY, Because it MATTERS

Sprinkler systems automatically distribute water when fire is detected, helping suppress flames and limit fire spread. They are a crucial passive fire protection system and often work in tandem with fire alarm systems to initiate broader emergency responses.

System Components

- ◆ **Sprinkler Heads:** Heat-activated nozzles that release water individually.
- ◆ **Piping:** Distributes water from a supply line throughout the building.
- ◆ **Control Valves:** Regulate water flow into the system.
- ◆ **Alarm Check Valve:** Triggers alarms upon water flow.
- ◆ **Fire Department Connection (FDC):** Allows firefighters to boost system pressure.

Sprinkler System Types

- ◆ **Wet Pipe System:** The most common type; pipes are filled with water at all times. Sprinkler heads discharge immediately upon activation.
- ◆ **Dry Pipe System:** Pipes are filled with pressurized air. When a sprinkler activates, the air is released and water flows in.
- ◆ **Pre-Action System:** Requires two triggers (e.g., smoke detection and heat) before water is released. Often used in museums or server rooms.
- ◆ **Deluge System:** All sprinkler heads are open, and water flows when triggered by a separate detection system. Used in high-hazard areas.
- ◆ **Antifreeze System:** Contains a heat-sensitive antifreeze solution for use in environments subject to freezing temperatures.

Inspection & Maintenance Frequencies (per NFPA 25)

Monthly - Inspect guages on wet systems

Quarterly - Test water flow and supervisory alarms.

Annually - Inspect sprinkler heads & test alarm valve.

Every 5 Years - Internal pipe inspection

*** This information is provided as a general resource to assist property managers, building engineers, and facility management professionals in understanding fire and life safety best practices. It is not intended to serve as a comprehensive or exhaustive list of fire protection requirements.

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System Interaction Sequence

- 1 Heat from a fire activates a sprinkler head (typically at 135°F or higher).
- 2 The activated head opens, releasing water directly onto the fire.
- 3 Water movement in the pipes triggers the alarm check valve.
- 4 This valve sends a signal to the fire alarm control panel, initiating alarms and notifications.
- 5 Notification appliances (horns/strobes) activate to alert building occupants.
- 6 Simultaneously, the communication interface sends alerts to the monitoring station or emergency responders.
- 7 The Fire Department may arrive and use the FDC to supplement system pressure.

Frequently Asked Questions

Q: Will all sprinkler heads activate during a fire?

A: No, only those near the heat source will discharge.

Q: Can sprinklers activate accidentally?

A: Rarely, as they require significant heat to trigger.

Q: Are sprinklers effective on all types of fires?

A: Mostly, but not for grease or electrical fires where specialized systems may be needed.

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